## Tennessee Kidney Foundation

WHO ARE WE & WHAT DO WE DO

Heather Corum Powell, CEO 1600 Hayes Street, Suite 300 Nashville, TN 37203

#### DID YOU KNOW?

1 in 7 adults in the United States — about 37 million people — have chronic kidney disease (CKD), but as many as 9 out of 10 don't even know they have it.

CKD and kidney failure cost Medicare over \$130 billion per year, more than cancer or stroke.

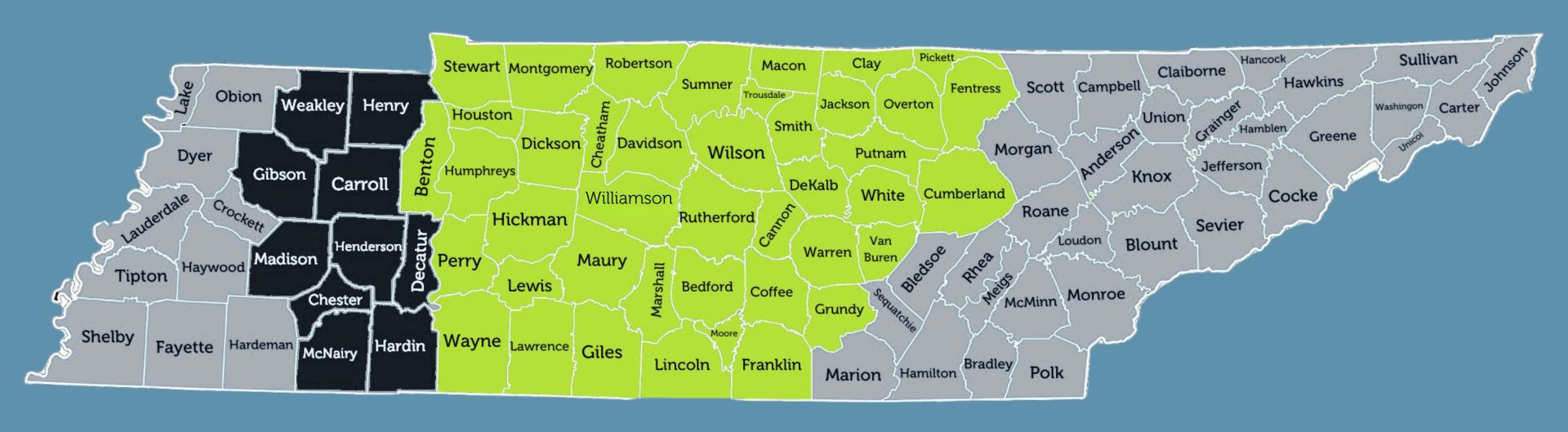
40% of people with diabeties or Cardiovascular Disease will develop CKD



The mission of the Tennessee Kidney Foundation is to empower and support those at risk or affected by kidney disease.

Its vision is a Tennessee where the rate of kidney disease is minimized and everyone who needs care receives care.

#### TKF SERVICE AREA



Green: All TKF Programs

Navy: Meal Delivery Only

**Grey: Virtual Programs Only** 

#### TKF BOARD OF DIRECTORS

#### **Executive Committee**

**David Arrieta** 

**President** 

Sean Owens

**President-Elect** 

**Amy Peterson** 

**Past President** 

Robbie Bell

**Treasurer** 

Dr. Anna Burgner

Secretary

Bill Berrell

Assistant Treasurer, Audit Chair, &

**Strategic Initiatives Chair** 

Dr. Jacfranz Guiteau

**General Member** 

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Ashlee Pruitt

Donovan Schultz

Tana Waack

Amanda Walker

Tim Whalen

#### DIRECT ASSISTANCE PRORGRAMS

#### **Access to Care**



TKF underwrites round-trip transportation to life-sustaining care for dialysis patients, transplant candidates, and transplant recipients.

#### **Meal Delivery Service**



TKF's free meal delivery program provides clients with 7 freshly-prepared, kidney-friendly meals per week delivered to their homes.



#### **Emergency Financial Assistance**

TKF helps patients meet critical needs like securing housing, keeping utilities connected, and providing food security.



#### **Lobby Days**

TKF visits partner dialysis clinics to offer support and encouragement to patients. We provide swag bags filled with thoughtful item, along with educational materials to help patients stay informed about their kidney health.

#### PROGRAM DELIVERY BY THE NUMBERS

July 1, 2024-June 30, 2025

304	47	88
People received monthly transportation assistance	People met basic needs with emergency assistance	People achieved food security through meal delivery
35%	162	12,675
Abnormal urinalysis rate for people screened at TKF events	People screened for kidney health	Fresh, kidney-friendly meals delivered to 53 counties
45,000	22	42
Life-sustaining dialysis treatments attended	Education & preventive screening events held	Counties served in Middle Tennessee
97%	40	11
Treatment attendance rate	Transplant candidates enrolled in TKF	Counties served in West Tennessee

#### WHO ARE TKF'S CLIENTS?









Where do

**TKF Clients Live?** 

53 Counties in Middle and West Tennessee

What Age

**Are TKF Clients?** 

Under 40: 6%

40-49: 13%

50-59: 24%

60+: 57%

Income

**Information** 

All TKF Clients must be at or below 200% of the Federal Poverty Level

Ethnicity &

Race

African American & Black: 62%

White: 30%

APPI & Hispanic: 8%

Program eligibility is limited to end stage kidney disease patients who are currently on dialysis, transplant candidates, and transplant recipients who do not have insurance coverage for the services provided by TKF.

Due to a limited budget, TKF often has a waiting list for new applicants seeking assistance.

## HOW DO PROGRAM CLIENTS APPLY?

#### **Direct Assistance for Patients**

TKF partners with social workers at 63 dialysis clinics and 2 transplant centers to receive referrals for patients who qualify for TKF programs.

## **Education & Screening for Community Members**

TKF partners with local corporations, faith centers, universities, and health fairs to offer free kidney education and screenings.







#### COMMUNITY OUTREACH & EDUCATION PROGRAMS

#### **Kidney Health** Screenings

Screenings are always free and include:

- Personal and family health history
- ·Blood Pressure
- Height and Weight
- •A1C
- Urinalysisa
- One-on-one results evaluation with a medical professional

70% of participants had abnormal blood pressure, urinalysis, and/or A1C results and received follow-up resources!

#### **Partner** Engagement

- •Bi-monthly social worker roundtables with featured speakers and discussions
- ·Semi-annual health equity roundtables with healthcare and community leaders to discuss industry trends and strategies to empower patients
- Dinner events in partnership with sponsors to highlight keynote speakers and medical advances

#### **Kidney Transplant Patient Focus**

#### Education

- Education about the kidney transplant process for both candidates and donors
- Support for overcoming barriers to care, including transportation, nutrition, and other basic needs.
- Resources about living donor workshops to learn about how to become a living donor OR how to seek a living donor transplant

## Groups

CKD and ESKD patients in the cohort meet quarterly to confidentially discuss their health journeys related to kidney disease, dialysis, and/or transplant. Incentives are provided to participate, and all information shared is de-identified prior to compiling and studying. Results help define resources and tools to be provided to other patients to help improve their health outcomes and experiences with healthcare providers.

#### COMMUNITY OUTREACH & SCREENING EVENTS

#### **Faith Centers**

Mount Zion Baptist Church (OHB and Antioch)
Greater Saint John Missionary Church
Hill Crest Church of Christ
Green Grove Primitive Baptist Church
Scott Avenue Church of Christ
Lake Providence Missionary Baptist

#### **Coorporations**

Advance Financial
Amazon
Calliditas Therapeutics
DaVita Kidney Care
Tennessee Donor Services
Tyson

#### **Universities**

Fisk University
Meharry Medical College
Tennessee State University
Vanderbilt University Medical Center
Tennessee General Assembly

#### **Community Partners**

Dorothy Marie Kinnard Foundation
Senior Expo Cookeville
Fifty Forward
Progress, Inc.
WeGo
End Stage Renal Disease National Coordinating
Center
Matthew Walker Comprehensive Health Center

#### **Dialysis Clinics**

Fresenius West
DCI Mt. Juliet
US Renal Care Gallatin
DaVita White Bridge
DCI Southern Hills
Fresenius Madison
DCI Meharry

#### **Residential Partners**

Vine Studio Apatments Curb Victory Hall

#### TKF SPONSORSHIP OPPORTUNITIES

#### **Spring Gala - April**

TKF's annual black-tie optional Gala, held at the Omni Nashville Hotel, is a lively evening of dinner, drinks, music, dancing, and auctions—all in support of our mission. Guests enjoy great company, unique experiences, and a night to remember.

#### **Golf Invitational - August**

Join us for the Tennessee Kidney Foundation Golf Invitational at The Governors Club in Brentwood, TN! Enjoy a day on the course while supporting TKF's mission. Morning and afternoon rounds available.

#### **At Your Pace Kidney Race - December**

Each year, the Walk at Centennial Park bring together kidney patients, donors, transplant recipients, and supporters to shine a light on kidney health.

#### **Kidney Health Screenings**

Underwrite a free health screening in the community or at your place of business where attendees receive A1C testing, urinalysis, height/weight, blood pressure, and a results evaluation with a health professional.

#### **Roundtable Dinner**

Sponsor an educational dinner, presentation, and roundtable discussion with the community's leading healthcare professionals for the purpose of improving health outcomes.

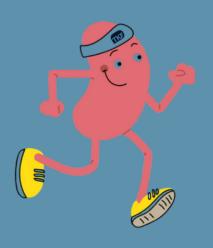
All funds raised support TKF's direct services, education, and prevention programs in our community. The need is greater than ever, and your support makes a real difference!

#### TKF GIVING CAMPAIGNS



#### **Community Heroes Campaign - June**

The TKF Community Heroes Campaign is our summer giving initiative, aiming to raise \$15,000 to support TKF programs. This campaign celebrates everyday heroes — our donors — whose contributions help provide critical services like kidney health education, screenings, and patient support across Middle Tennessee. Every gift, big or small, makes a difference in the lives of those we serve.



#### **Annual Campaign - November**

The TKF Annual Campaign is our year-end giving initiative that plays a vital role in sustaining and growing TKF programs. Each year, this campaign raises over \$50,000 through the generous support of our community. These funds directly support our mission, helping us expand our impact and continue providing meaningful, transformative experiences through TKF's programs.

#### HOW CAN YOU HELP

#### **Sponsor an Event!**

Support our mission in a big way by sponsoring one of TKF's signature events! Sponsorships offer great visibility for your business while directly funding kidney health programs across Middle Tennessee. With options for every budget, it's a meaningful way to give back and get involved.

#### **Meet with TKF Leadership**

Interested in learning more about our mission and impact? Schedule a one-on-one meeting with TKF leadership to explore how you or your organization can get involved. Whether you're considering sponsorship, donating, or partnership we're here to connect and collaborate!

#### **Volunteer With TKF**

Looking for ways your team can give back? TKF offers year-round volunteer opportunities at health screenings and fundraising events — perfect for getting involved and making an impact!

## Make Introductions to Other Local Leaders and Donors

One of the most impactful ways you can support TKF is by opening doors. Introduce us to community leaders, business owners, or potential donors who share a passion for health equity and making a difference locally. A simple connection can lead to lasting partnerships and expanded impact.

#### **Interact with TKF Social Media Platforms**

One of the easiest ways to support TKF is by engaging with us on social media! Like, share, and comment on our posts to help spread awareness about kidney health and our mission. Your interaction helps us reach more people, grow our community, and amplify the impact of our work. Follow us today and be part of the conversation!







The Tennessee Kidney Foundation (TKF), founded in 1972, serves individuals affected by kidney disease across Tennessee. With a small team and strong partnerships, TKF offers free kidney health screenings, education, transportation to care, emergency financial help, and meal support. Programs reach up to 95 counties, with referrals from over 60 dialysis clinics, three transplant centers, and more than 40 social workers. TKF's mission is guided by a 24-member Board of Directors.

#### MEET THE TEAM



#### CEO

#### **Heather Corum Powell**

Heather has served as Chief Executive
Officer since 2016 and is a member of the
Metro Nashville Board of Health, Advisory
Committee member for the NIH-funded
Health-Related Social Needs Project at
Vanderbilt University Medical Center, and
Board Member and Consumer Advocate
with the Tennessee Kidney Care Alliance.
She lives in South Nashville with her
husband, 2 kids, and 2 beagles who were
rescued from medical testing laboratories
and now live lives of leisure. She is an avid
reader, runner, and hiker who enjoys
disconnecting and getting lost in nature.



## Director of Development Chelsey Wells

Chelsey Wells, a Lipscomb University graduate, has built a meaningful career centered on service and making a lasting impact in the nonprofit sector. Since October 2021, she has served as Director of Development at TKF, leading fundraising, event management, and donor relations. Chelsey previously spent over seven years at Second Harvest Food Bank and held roles with the American Heart Association and Hands On Nashville. Outside of work, she enjoys cooking, watching Bravo TV, and spending time with her husband, Chip, their daughter, Campbell, and their dog, Dolly.



### Director of Programs & Outreach

#### **Sonya Feathers**

Before joining TKF, Sonya worked as a Patient Assistance Liaison with Dialysis Clinic Inc., helping patients secure financial and insurance premium assistance. She holds a B.S. in Communications from Indiana Wesleyan University and has applied her degree to event planning, social media, and public relations. Sonya enjoys reading, hiking, biking, and the beach. She lives in Mt. Juliet with her fiancé and has four grown children. Sonya is passionate about serving others and looks forward to using her passions and experience to positively impact our patients.



Executive Assistant & Events & Communications Coordinator

#### **Morgan Anderson**

Morgan graduated from the University of Tennessee in 2018 with a degree in Family and Consumer Sciences, concentrating in Community Outreach. After graduation, she spent five years as a Career Navigator with UT Extension before joining TKF, where she has worked for the past three years. Outside of work, she enjoys running, reading, watching reality TV with her dog, Teddy, and beating her husband, Austin, and their friends in cards.

# Thank you!

#### TENNESSEE KIDNEY FOUNDATION

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